

Jeremiah 17:10

I the Lord search the heart,  
I try the reins, even to give  
every man according to his  
ways, and according to the  
fruit of his doings.

I.

## THE MOST IMPORTANT THING IN LIFE

"Keep thy heart with all  
diligence; for out of it are the  
issues of life" (Prov 4:23)



### Prov 4:23

Above all else, guard your heart for it  
is the wellspring of life (NIV)

Guard your heart above all else, for it  
determines the course of your life  
(NLT)

Keep vigilant watch over your heart;  
*that's* where life starts (MSG).

The encyclopedia defines the heart as the "muscular organ that pumps blood to all parts of the body. The rhythmic beating of the heart is a ceaseless activity, lasting from before birth to the end of life."

### **THE HEART is who we really are**

...it is the seat of our emotions (Isaiah 65:14), our mind (Matthew 9:4; Mark 2:6), and our will (Exodus 35:29; Acts 11:23). It is "the place of conscious and decisive spiritual activity" (Joe Stowell)  
 In OT usage the heart "signifies the total inner being and includes reason. From the heart come action and will" (Feinberg)  
 Jer 17:10 "Heart" and "mind" are virtually synonymous.

### **The heart is the person.**

There's nothing more important than your inner life—what's in your heart.

The word 'heart' is found in over 800 verses in our English Bible

### **God Looks at the Heart.**

For *the LORD* does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart. (1 Sam. 16:7)

Every way of a man *is* right in his own eyes, But the LORD weighs the hearts. (Prov. 21:2)

## **GOD WANTS OUR HEART**

"My son, give me thine heart."  
(Proverbs 23:26)

The heart is what God desires to have, the heart is the first and foremost thing which God asks man to give Him.

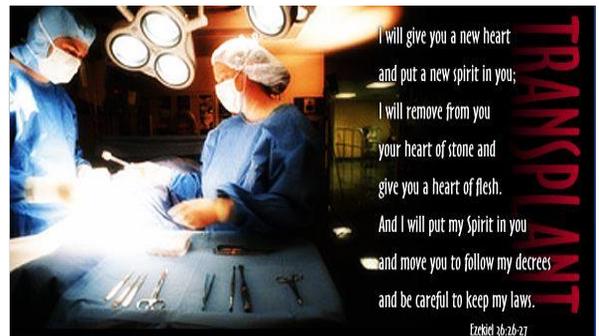
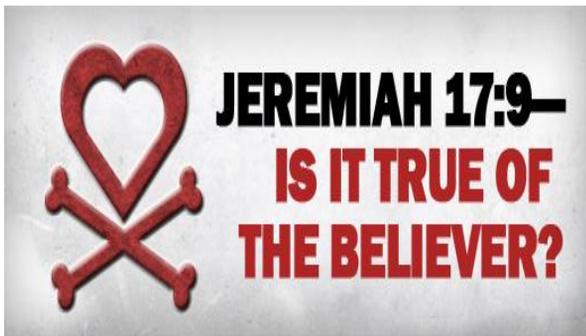
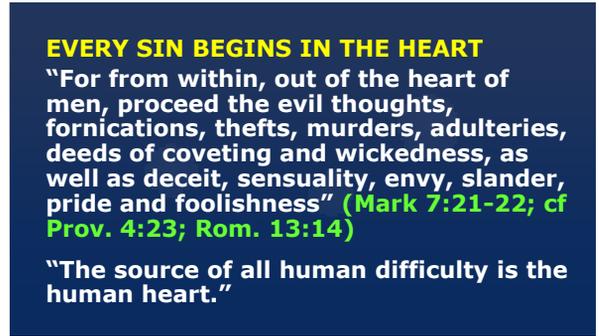
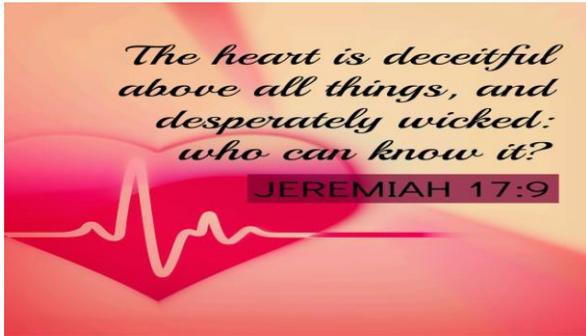
There are some things you give to no one but God. God wants your heart for Himself. Until we give God our heart, we give Him nothing at all.

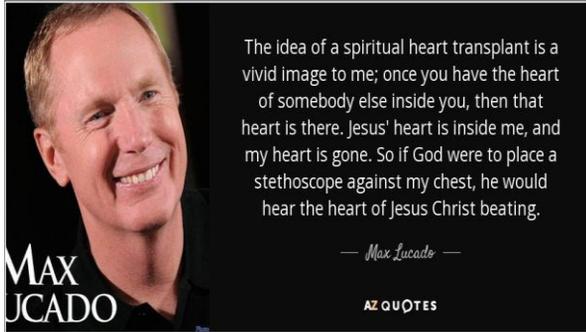


II.

## **THE #1 PROBLEM OF THE HEART**

The heart of the human problem is the problem of the human heart.





Most Christians are still living with an Old Testament view of their heart. Jeremiah 17:9 says, 'My heart is deceitfully wicked.' No, it's not. Not after the work of Christ, because the promise of the new covenant is a new heart.

John Eldredge

**Matthew 5:8** Blessed are the pure in heart, For they shall see God..

**Acts 15:8-9** So God, who knows the heart, acknowledged them by giving them the Holy Spirit, just as He did to us, 9 and made no distinction between us and them, purifying their hearts by faith.

**2 Corinthians 1:22** who also has sealed us and given us the Spirit in our hearts as a guarantee.

**Ephesians 3:17** that Christ may dwell in your hearts through faith



ABOVE ALL ELSE  
**GUARD**  
YOUR  
**HEART**



- TOP 10 KILLER DISEASES IN MALAYSIA**
1. Coronary heart disease
  2. Stroke
  3. Influenza & pneumonia
  4. HIV/AIDS
  5. Tuberculosis
  6. Lung cancer
  7. Diabetes mellitus
  8. Lung disease
  9. Kidney disease
  10. Colon Cancer
- Health Family SMY

**EARLY SIGNS OF A HEART ATTACK:**

- » JAW PAIN
- » BACK PAIN
- » PAIN THAT TRAVELS DOWN ONE OR BOTH ARMS
- » SHORTNESS OF BREATH
- » FEELING OF NAUSEA
- » FATIGUE
- » ANXIETY



Your heart's condition depends on the things you allow into your heart. These things form your thoughts and attitudes, and ultimately, shape who you are.

**GUARD YOUR HEART AGAINST**

Sin. Stress. Selfishness. Sloth. Success. Discouragement. Doubt. Worry. Pride. Hypocrisy. Greed. Envy. Bitterness. Revenge. Lust. Idolatry. Anger.

Satan would use any of these he could in your life to hinder or even paralyze you spiritually. So, guard your heart. Don't give Satan even an inch in your life.

**GUARDING YOUR HEART**

<sup>23</sup> Keep your heart with all diligence, For out of it *spring* the issues of life. <sup>24</sup> Put away from you a deceitful **mouth**, And put perverse lips far from you. <sup>25</sup> Let your **eyes** look straight ahead, And your eyelids look right before you. <sup>26</sup> Ponder the path of your **feet**, And let all your ways be established.

<sup>27</sup> Do not turn to the right or the left; Remove your foot from evil. **Proverbs 4:23-27**

Your word I have hidden in my heart, That I might not sin against You. **(Psa 119:11)** But sanctify the Lord God in your hearts / In your hearts set apart Christ as Lord.

**(1 Pet 3:15)**

Crown Him as Lord of your life.

Guarding is more than protection; it includes pursuing and providing. Guarding your heart is more about feeding your soul than avoiding sin. When our heart is healthy and strong, we are able to resist the temptations that cause many saints to stumble.

III.

## A HEART AFTER GOD

"The LORD has sought for Himself a man after His own heart" **(1 Sam. 13:14)** "I have found David the son of Jesse, a man after My own heart, who will do all My will." **(Acts 13:22)**

### 1. A HEART SEEKING AFTER GOD

The Priority of his life is his Personal Relationship with the Lord.

- a heart that desires to walk with God
- a heart that delights in worship
- a heart that dwells on the Word of God

Love God with all your heart –  
Head Knowledge vs Heart Knowledge

## 2. A HEART TRUSTING GOD

David Trusted God, No Matter What

- a steadfast heart in hardships, when facing trials & difficulties.
- a heart that is determinately dedicated to obeying God and doing His will.

“Trust in the Lord with all your Heart”  
(Pro 3:5)

## 3. A HEART REPENTING

David Knew How to Repent

- a heart that confesses and not covers sin
- a heart that despises sin and loves holiness

## 4. A HEART SERVING GOD

David “served the purpose of God in his generation” and “does all His will” (Acts 13:36, 22)

- a heart seeking to serve
- A heart filled with the Spirit  
(Psa 51:11)

